



Vermont



2026 general election poll: Governor & Lieutenant Governor

Likely-voter survey of the November 3, 2026 general election | Statewide

GOVERNOR **R** Phil Scott **D/P** Amanda Janoo **I** Brian Judd **P&J** June Goodband **F&U** Dean Roy

LT. GOVERNOR **D** Molly Gray **R** John S. Rodgers

At a glance

ELECTION DATE

November 3, 2026

FIELD DATES

October 2-4, 2026

SAMPLE SIZE

948 likely voters

MARGIN OF ERROR

±3.2 points

Methodology

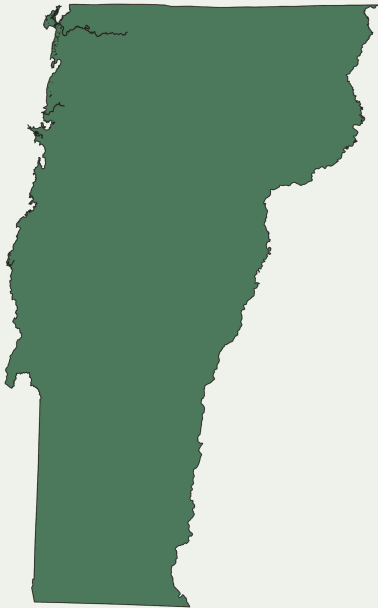
State Navigate surveyed 948 likely voters across Vermont from October 2-4, 2026. Text messages were sent to voters by AllianceForge, which directed them to an online survey hosted on the SurveyMonkey platform. The sample was drawn from a voter file provided by L2, and results were weighted by gender, race, age, education, leaned party identification, county, and 2024 presidential vote recall to reflect the likely November 2026 general electorate, with weighting benchmarks derived from L2 voter file data in conjunction with AP VoteCast. The margin of error is 3.2% at a 95% confidence level. This survey was designed and conducted by the State Navigate Polling Team, and was not sponsored by any candidate or candidate's committee.

State DNA | Vermont (LV)



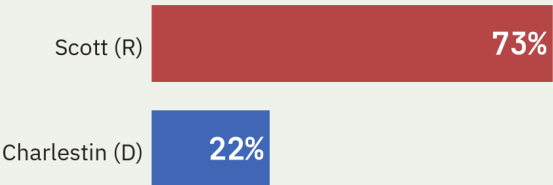
VERMONT

A statewide survey of likely Vermont voters. Republican Governor Phil Scott is seeking another term against Dem/Prog nominee Amanda Janoo, with three minor-party and independent candidates also on the ballot. In the race for Lieutenant Governor, Democrat Molly Gray faces Republican John S. Rodgers.

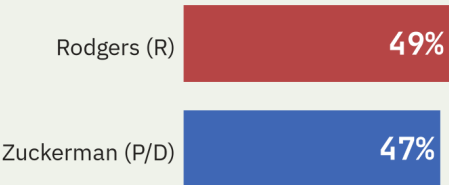


Recent election results in Vermont

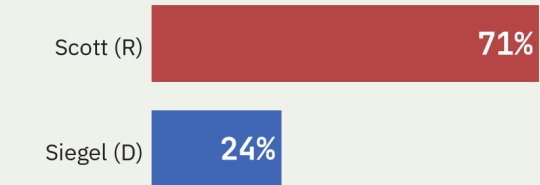
2024 Governor: Scott +51.6



2024 Lt. Governor: Rodgers +1.7



2022 Governor: Scott +47.0

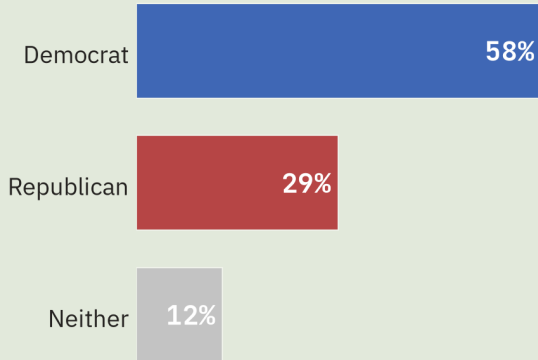


2020 Lt. Governor: Gray +7.1

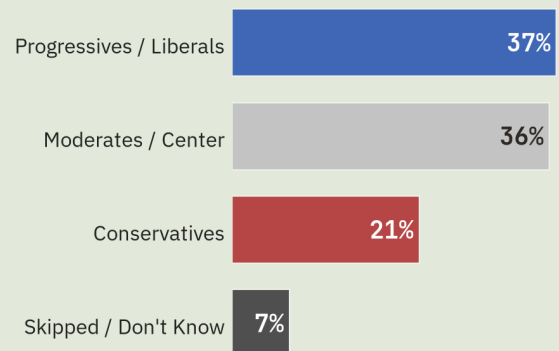


State DNA | Survey demographics

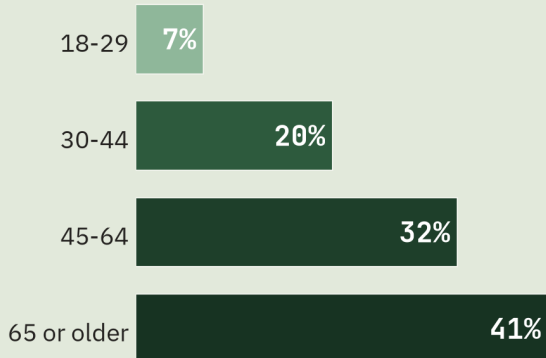
PARTY ID (WITH LEANERS)



IDEOLOGICAL SELF-ID (0-10)



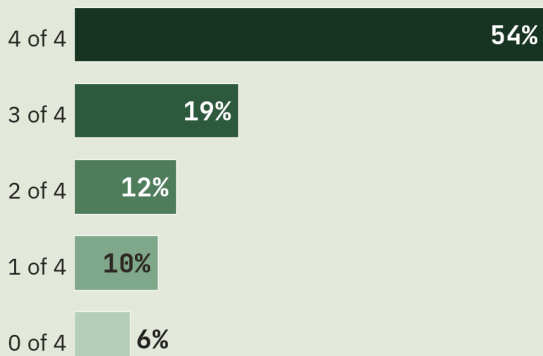
AGE



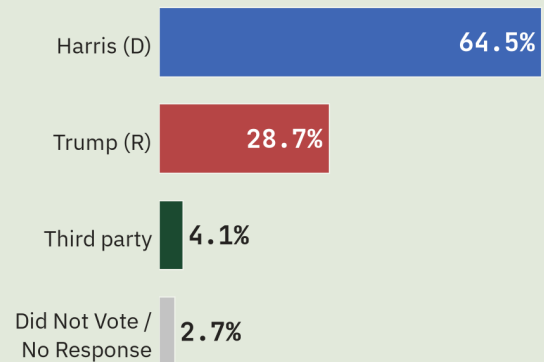
EDUCATION



VOTE HISTORY (LAST 4 GENERALS)



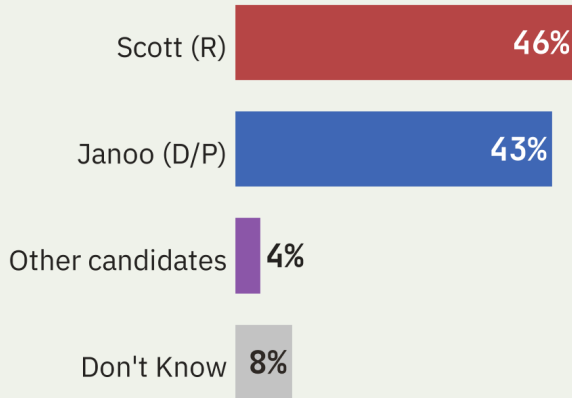
2024 PRESIDENTIAL VOTE (RECALLED)



The snapshots

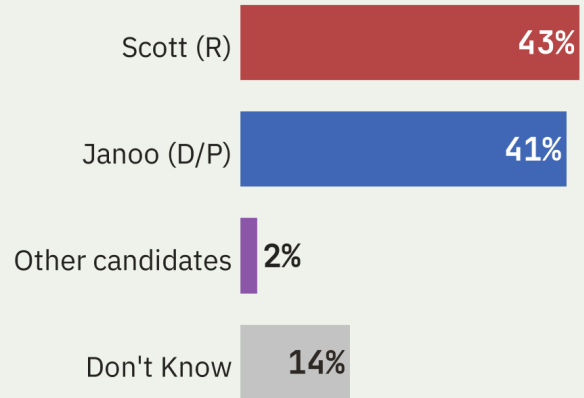
Governor with leaners

If the election for Governor were held today, which candidate would you vote for? (undecideds allocated via leaner follow-up; includes voters who already cast a ballot)



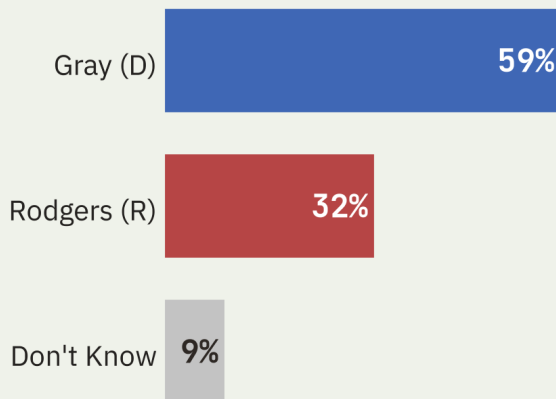
Governor before undecided push

If the election for Governor were held today, which candidate would you vote for? (initial ballot, before leaner follow-up)



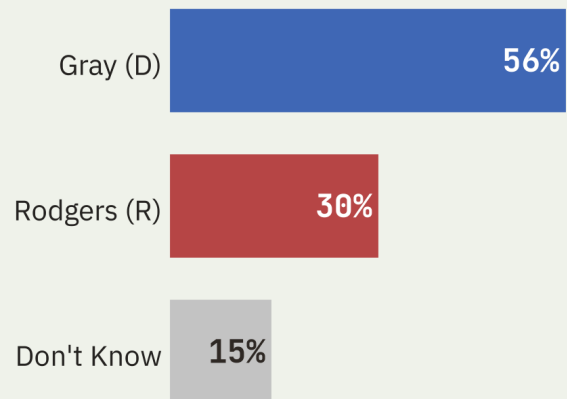
Lt. Governor with leaners

If the election for Lieutenant Governor were held today, which candidate would you vote for? (undecideds allocated via leaner follow-up)



Lt. Governor before undecided push

If the election for Lieutenant Governor were held today, which candidate would you vote for? (initial ballot, before leaner follow-up)

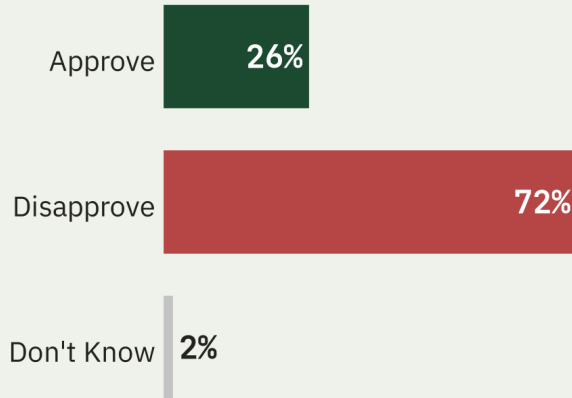


Gov. Phil Scott (R) leads Amanda Janoo (D/P) 46-43 with leaners, with 8% undecided and 4% for the three other candidates combined (Judd, Goodband, and Roy). Down the ballot, Molly Gray (D) leads John S. Rodgers (R) 59-32 for Lieutenant Governor.

Executive approvals

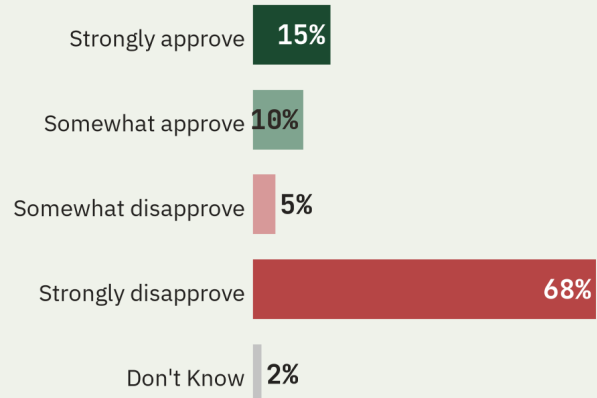
President Trump job approval

Do you approve or disapprove of the job Donald Trump is doing as President?



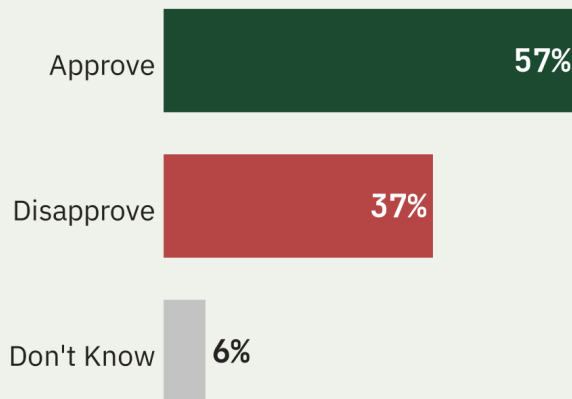
President Trump job approval (detailed)

Do you approve or disapprove of the job Donald Trump is doing as President?



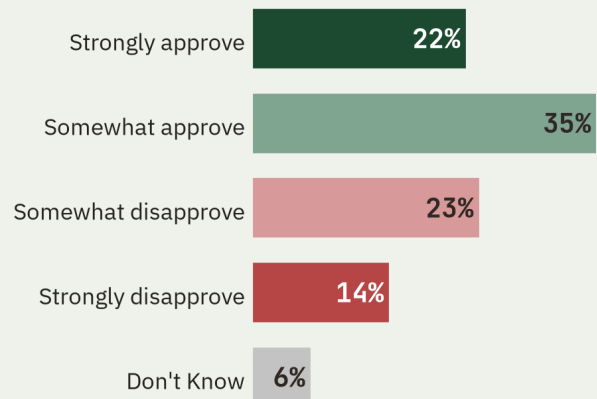
Gov. Scott job approval

Do you approve or disapprove of the job Phil Scott is doing as Governor?



Gov. Scott job approval (detailed)

Do you approve or disapprove of the job Phil Scott is doing as Governor?

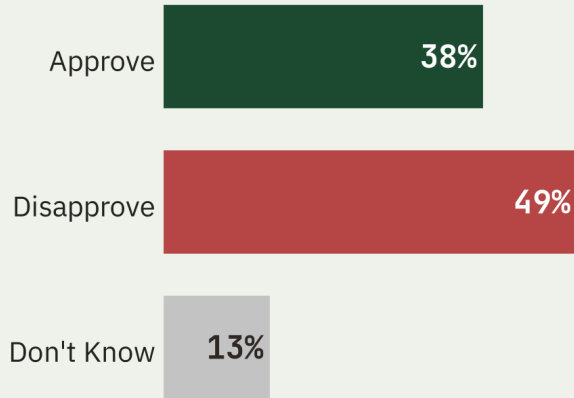


President Trump is deeply underwater in Vermont (26% approve / 72% disapprove), while Gov. Scott remains above water at 57% approve / 37% disapprove, though most of his approval is only "somewhat."

Legislative approval

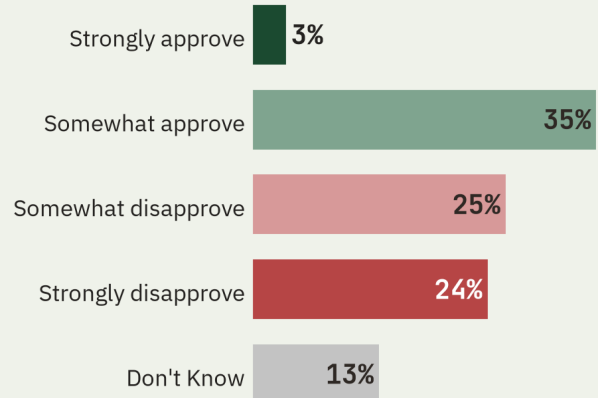
State Legislature job approval

Do you approve or disapprove of the job the Vermont State Legislature is doing?

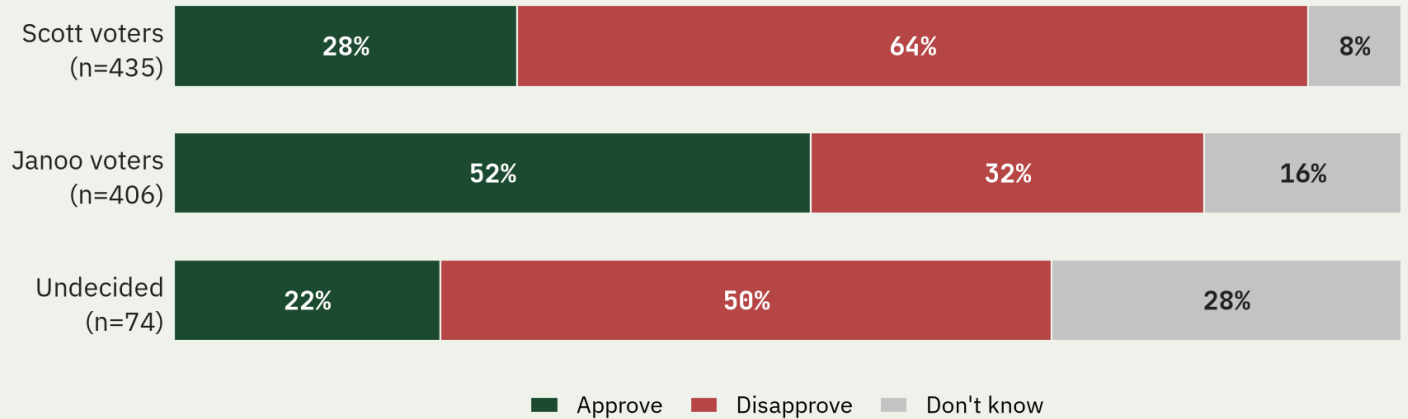


State Legislature job approval (detailed)

Do you approve or disapprove of the job the Vermont State Legislature is doing?

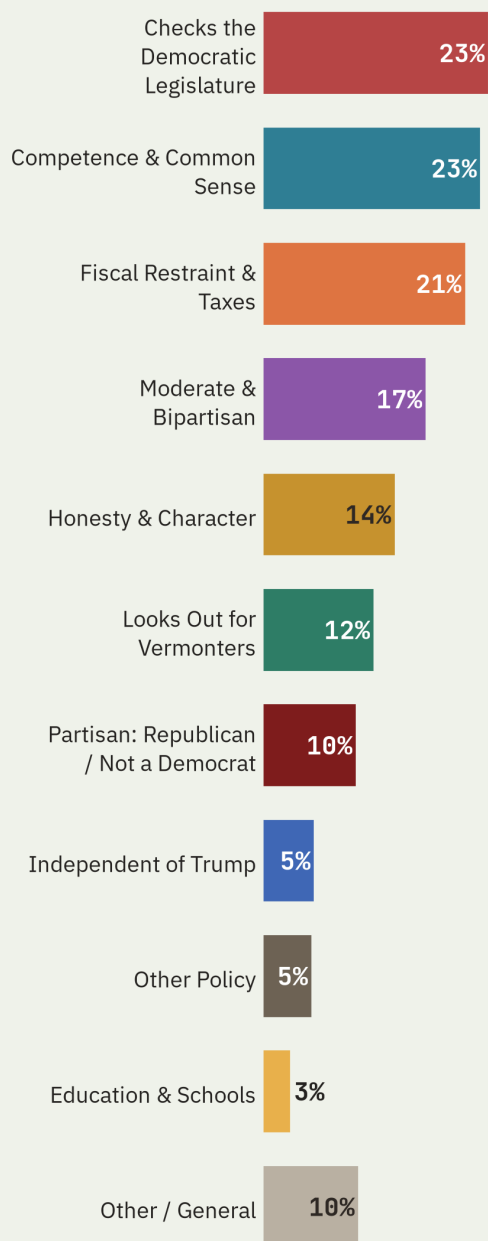
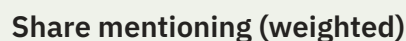


Legislative approval by Governor vote (with leaners)



The Legislature is underwater (38% approve / 49% disapprove), and views of it split sharply by vote choice: just 28% of Scott voters approve of the job lawmakers are doing, compared to 52% of Janoo voters.

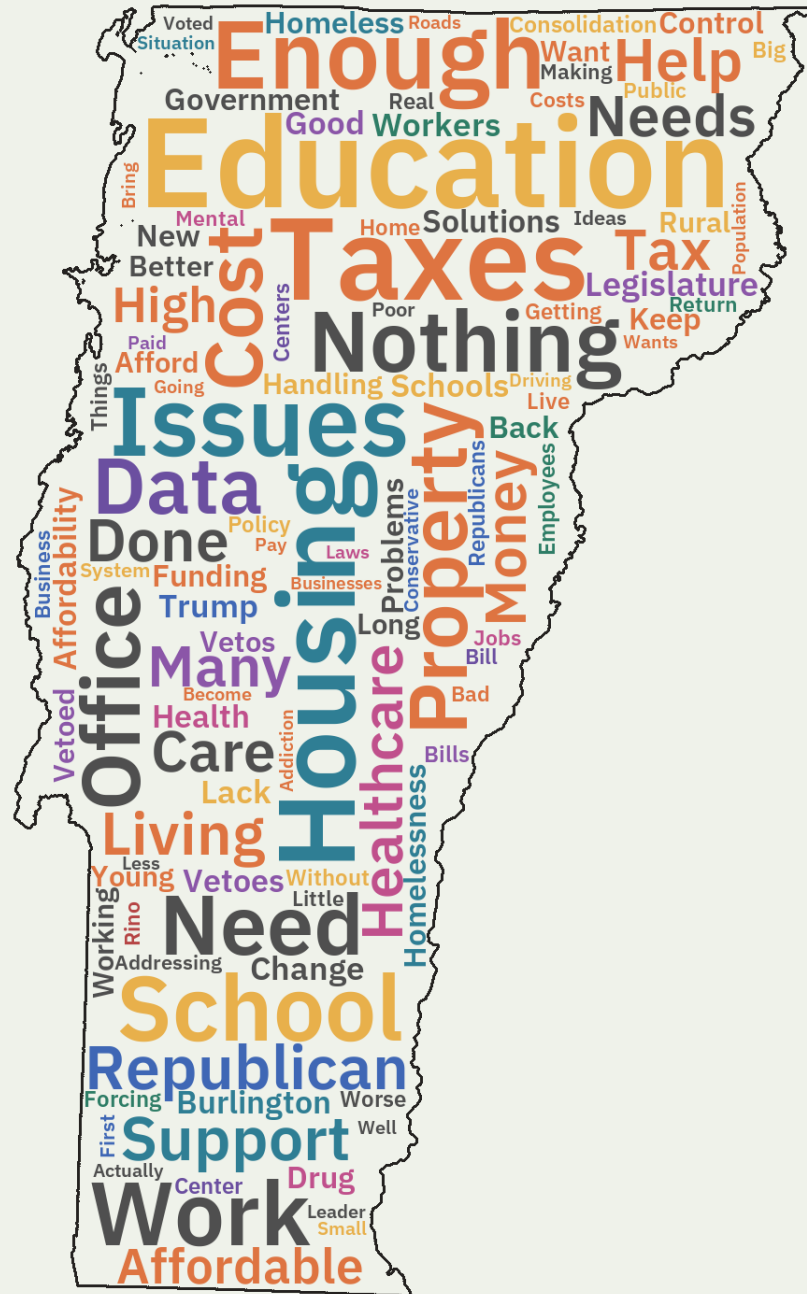
In at least one word, why do you approve of the job Phil Scott is doing as Governor? (asked of voters who approve)



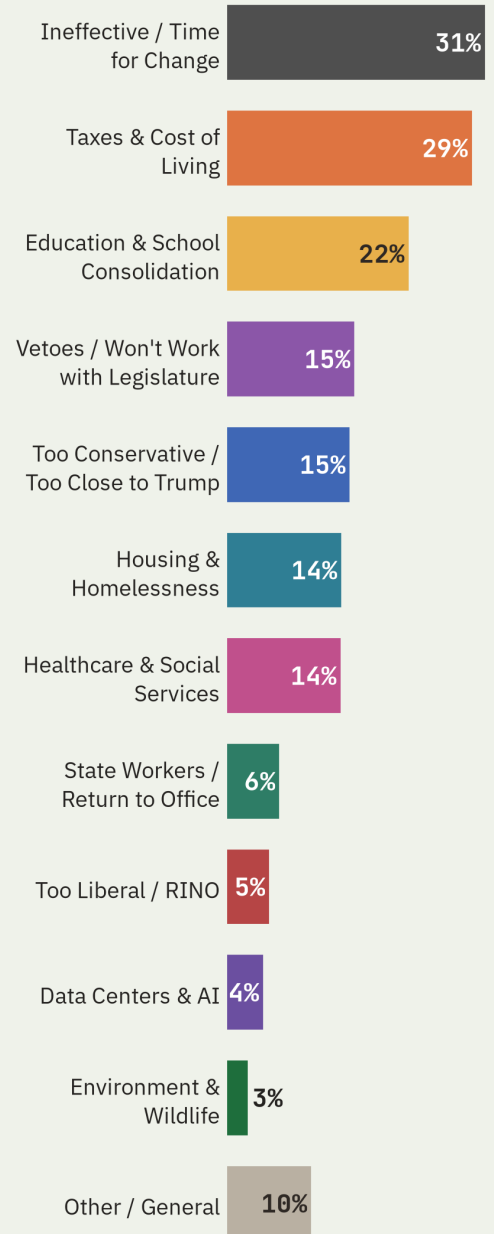
STATE NAVIGATE | VERMONT STATEWIDE | GENERAL ELECTION POLL

Why voters disapprove of Gov. Scott

In at least one word, why do you disapprove of the job Phil Scott is doing as Governor? (asked of voters who disapprove)



Share mentioning (weighted)

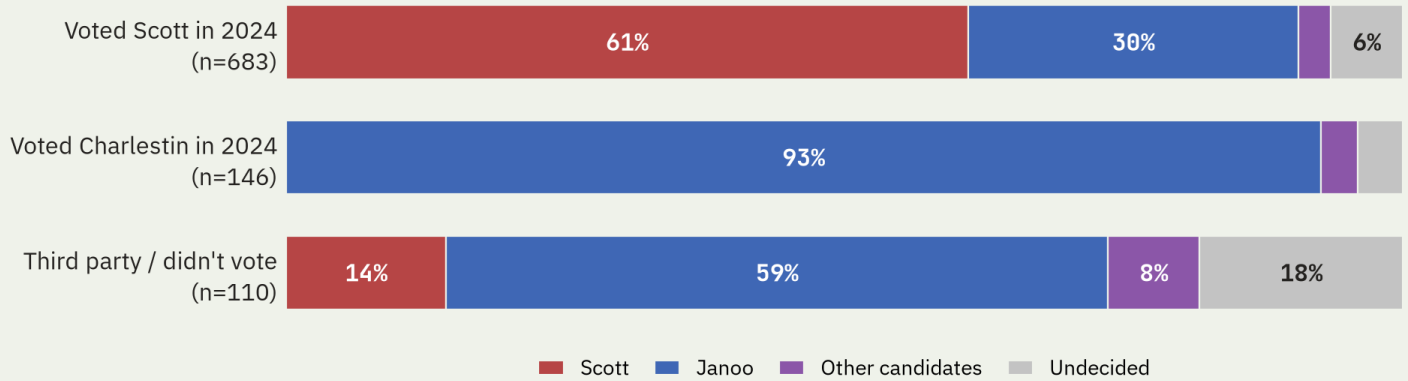


Open-ended responses from 383 Scott disapprovers (332 weighted LV) who gave a reason. Responses naming more than one reason count toward each theme, so shares sum to more than 100%. Themes were coded by State Navigate from the respondents' own words.

Key findings: Scott's coalition

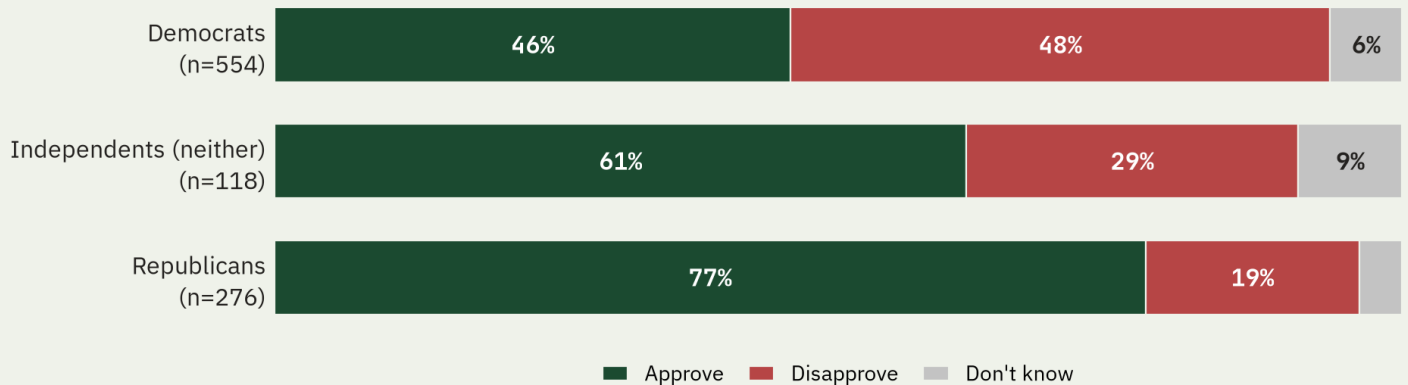
2026 Governor vote by 2024 Governor vote

Recalled 2024 Governor vote vs. 2026 Governor vote with leaners.



Scott job approval by leaned party ID

Party identification including independents who lean toward a party.

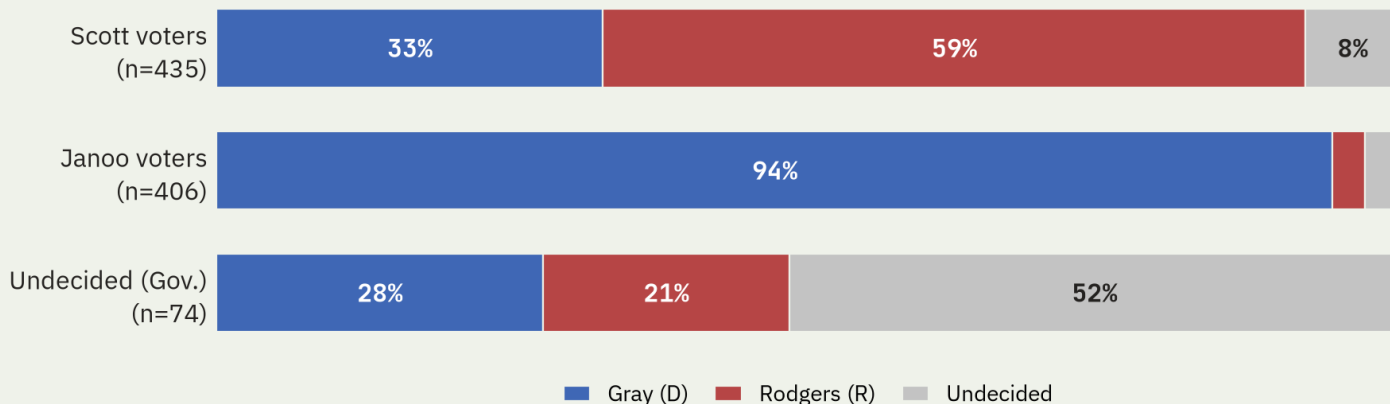


Scott is holding 61% of his 2024 voters, with 30% now backing Janoo. His approval crosses party lines: 46% of Democrats approve of the job he is doing.

Key findings: Split tickets

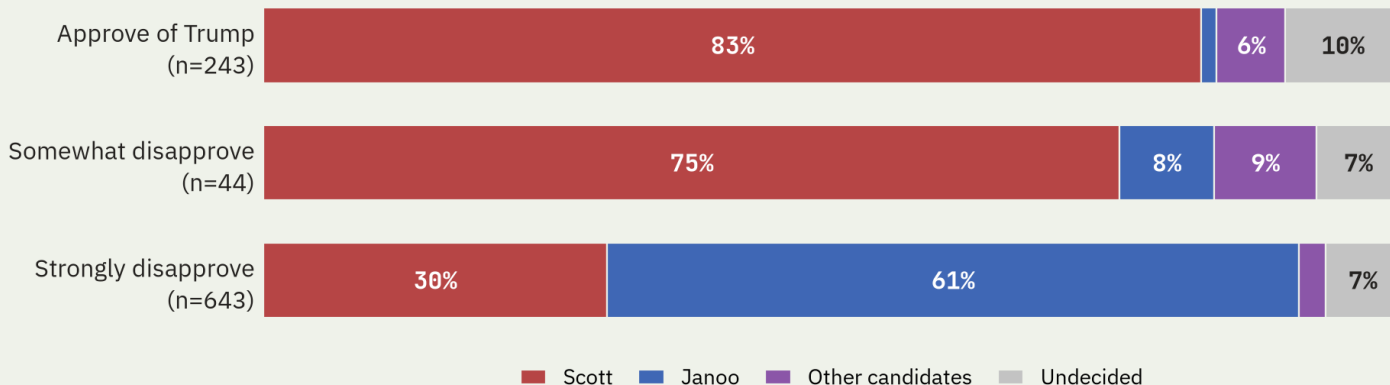
Lt. Governor vote by Governor vote

Both races with leaners.



Governor vote by Trump approval

Governor vote with leaners.



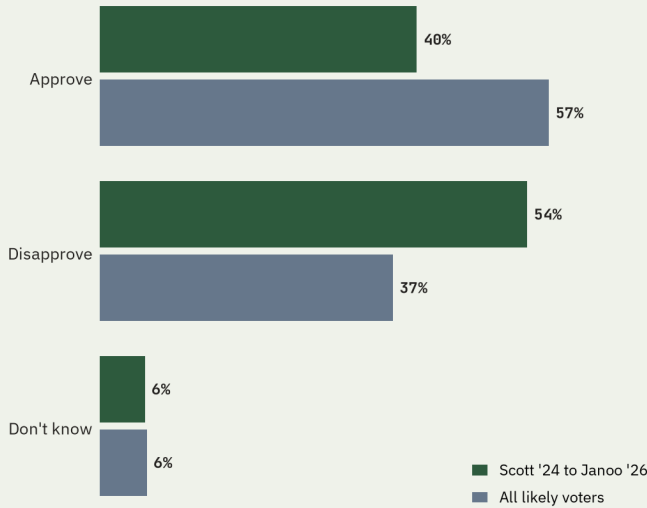
Ticket-splitting is alive in Vermont: 33% of Scott voters back Democrat Molly Gray for Lieutenant Governor. Scott's coalition reaches well beyond Trump approvers.

Key findings: Scott's lost voters

Voters who recall backing Phil Scott in 2024 but now support Amanda Janoo (with leaners): 226 respondents, about 21% of likely voters, compared with all likely voters.

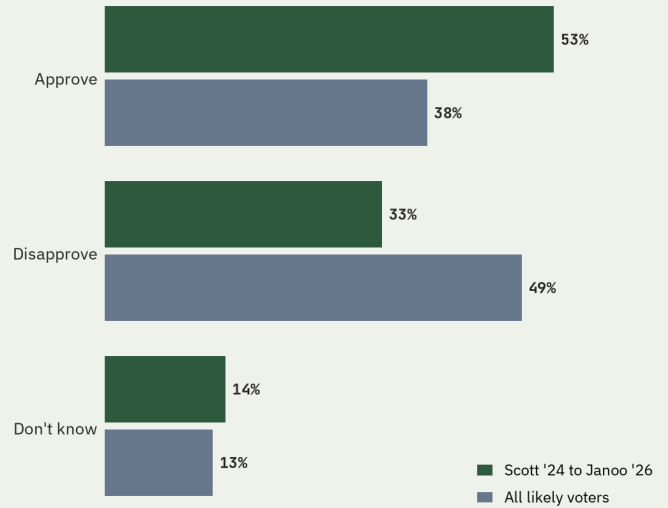
Scott job approval

Do you approve or disapprove of the job Phil Scott is doing as Governor?



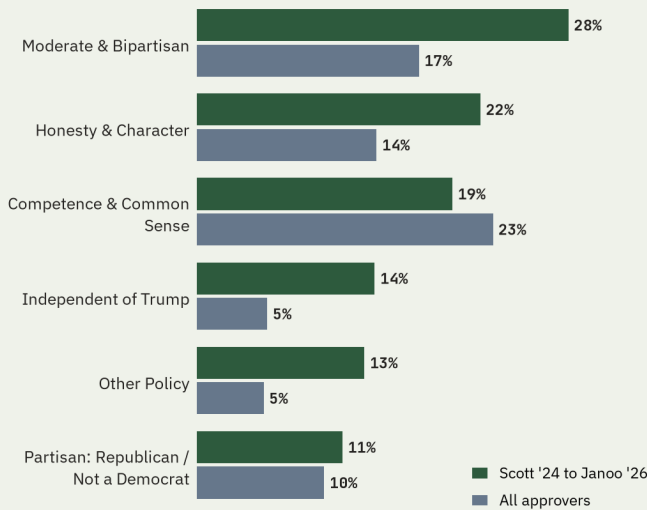
Legislature job approval

Do you approve or disapprove of the job the Vermont State Legislature is doing?



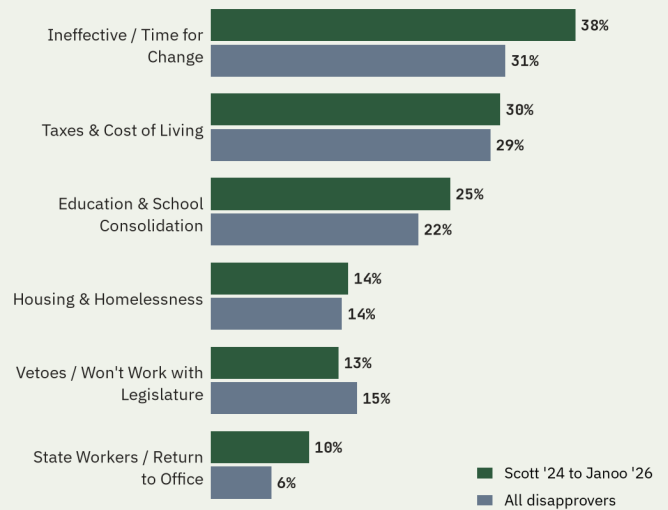
Why they approve of Scott

Top reasons among those who approve (78 gave a reason); share mentioning, weighted.



Why they disapprove of Scott

Top reasons among those who disapprove (120 gave a reason); share mentioning, weighted.



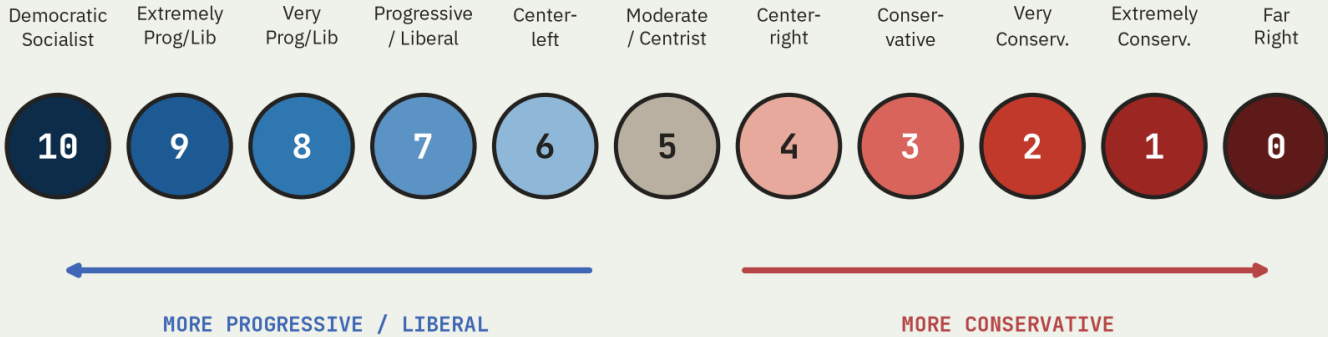
Open-ended reasons can name more than one theme, so shares sum to more than 100%.

Survey ideology

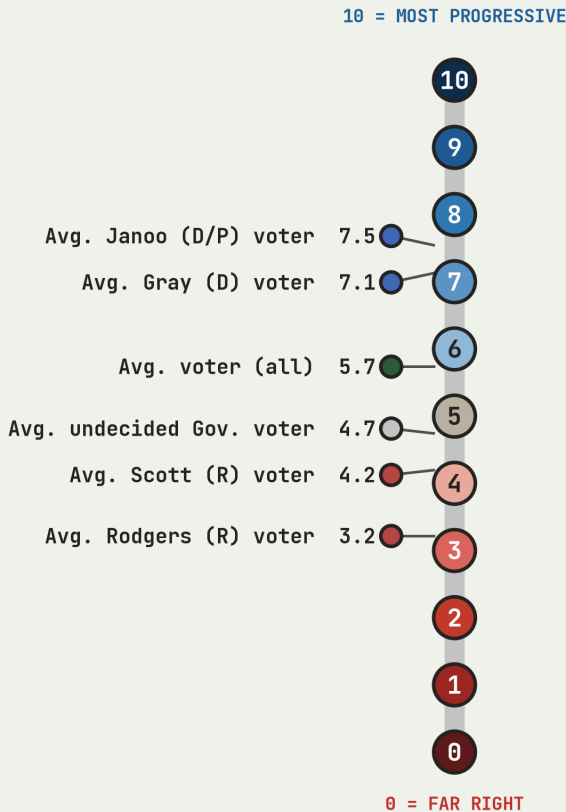
The self-placement scale

IDEOLOGICAL SELF-PLACEMENT SCALE

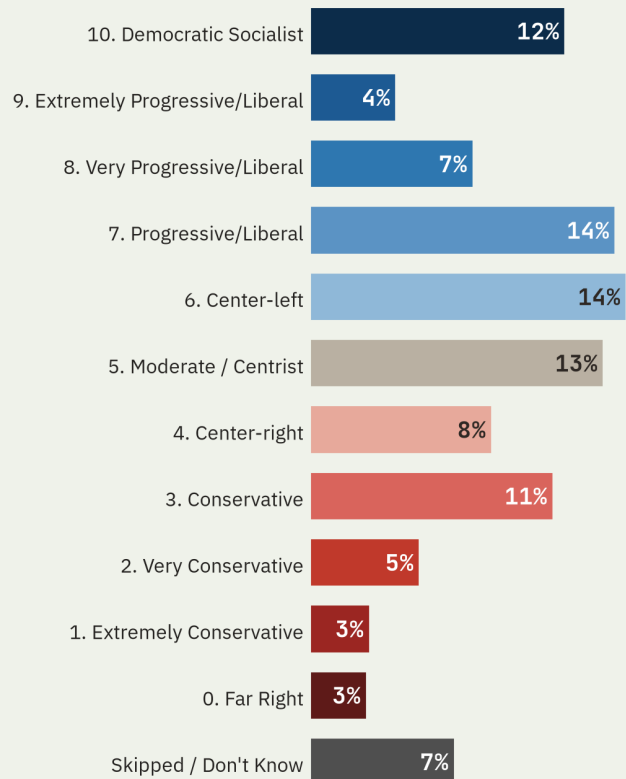
Place yourself — and each candidate — somewhere on the 0–10 scale.



AVERAGE BY VOTER GROUP



DETAILED SELF-PLACEMENT (ALL RESPONDENTS)

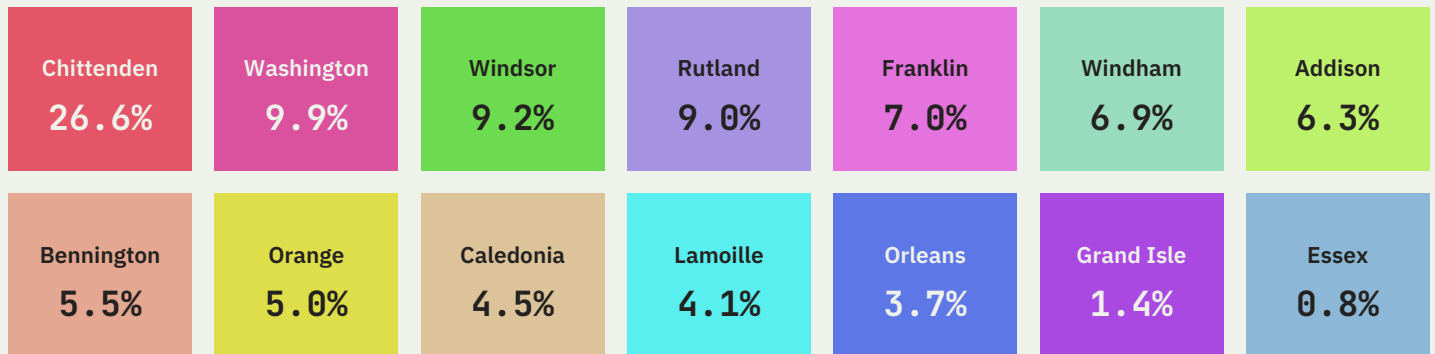


Ideology is respondents' self-placement on a 0-10 scale (10 = most progressive, 0 = far right). Detailed shares are of all respondents; 6.5% skipped the question. Group averages are weighted and computed among those who placed themselves (overall mean 5.7).

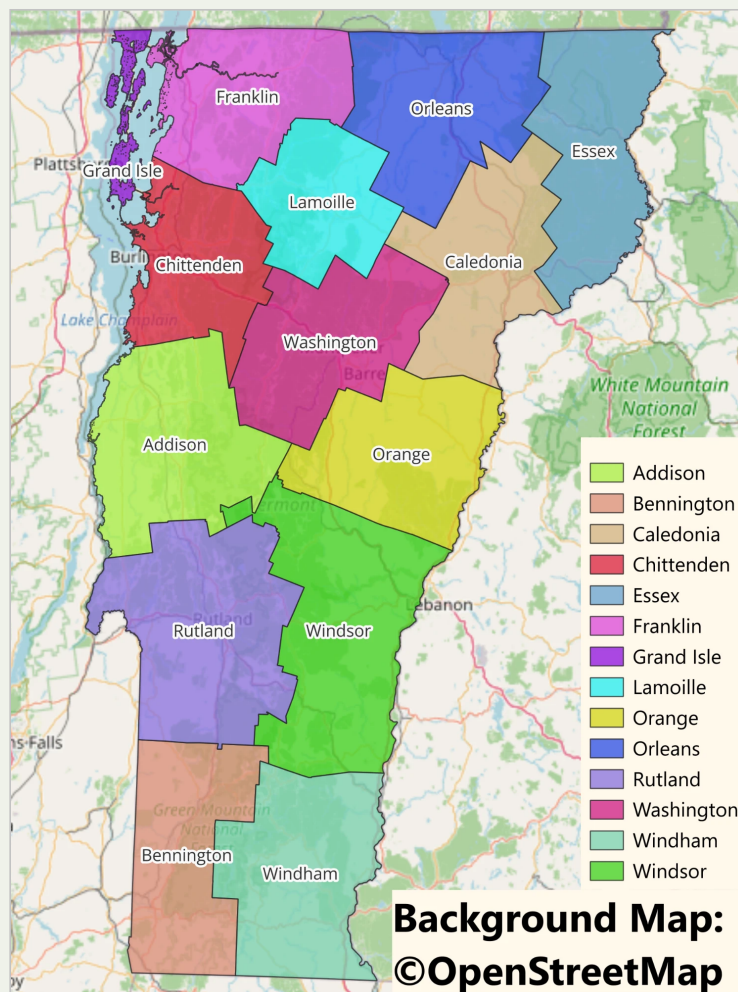
Appendix | Regions & weights

The survey was weighted by county. Cards show each county's share of the weighted likely-voter sample.

County weights | Share of weighted sample



Vermont by county



Team notes & analysis

The following analysis from the State Navigate polling team examines the forces shaping these races.

CHAZ NUTTYCOMBE | ON TICKET-SPLITTING

A third of Scott voters are backing a Democrat for Lieutenant Governor.

Molly Gray is running nearly 17 points ahead of Amanda Janoo (59% to 43%), and the reason is ticket-splitting: 33% of Phil Scott's supporters plan to vote for Gray for Lieutenant Governor, which works out to about one in seven likely voters statewide. These Scott-Gray voters are overwhelmingly Democrats (76%) who strongly disapprove of Donald Trump (91%); they like Scott, but they haven't left their party. That's a dramatic reversal from 2024, when Republican John S. Rodgers won the Lieutenant Governor's race by less than two points. He now trails Gray by 28.

CHAZ NUTTYCOMBE | ON SCOTT'S APPROVAL

Liking the Governor isn't the same as voting for him.

Phil Scott remains well liked: 57% of likely voters approve of the job he is doing. But only 46% plan to vote for him. One in five voters who approve of Scott (20%) are voting for Janoo, and that rises to 31% among those who only somewhat approve. For many of these voters, the issue isn't Scott's performance but his tenure: among voters who disapprove of Scott, the most common reason they give is that he has been ineffective or that it is time for a change (31%).

CHAZ NUTTYCOMBE | ON SCOTT'S LOST VOTERS

Scott's 2024 crossover Democrats are coming home.

About 30% of voters who recall backing Phil Scott in 2024 now support Amanda Janoo, and they make up about half of Janoo's coalition, roughly 21% of likely voters. These aren't disillusioned Republicans: 88% identify as Democrats, 92% recall voting for Kamala Harris, and 96% strongly disapprove of Donald Trump. Their views of Scott are lukewarm rather than hostile: 40% approve of the job he is doing and 54% disapprove, but just 2% strongly approve and only 13% strongly disapprove. Those who still approve credit his moderation and bipartisanship (28%), his honesty and character (22%), and his competence (19%); just 4% call him a check on the Democratic Legislature, the most common reason among all Scott approvers (23%). Those who disapprove most often say he has been ineffective or that it's time for a change (38%), followed by taxes and the cost of living (30%) and education and school consolidation (25%). And unlike Scott's own voters, they like the Legislature: 53% approve of the job it is doing and 33% disapprove, while just 28% of voters sticking with Scott approve. Scott's argument against the Legislature doesn't land with this group, which could make them hard to win back. The full breakdown is on page 11.

Team notes & analysis

CHAZ NUTTYCOMBE | ON THE LEGISLATURE

Scott's best argument is the Legislature.

When we asked Scott's approvers why they approve, the most common answers were that he is a check on the Democratic Legislature (23%) and that he governs with competence and common sense (23%), followed by fiscal restraint and taxes (21%). That argument has an audience: the Legislature is underwater with likely voters (38% approve, 49% disapprove), and Scott's own voters disapprove of it by more than two to one (64% to 28%). Scott's case for another term is as much about what the Legislature would do without him as it is about his own record.

CHAZ NUTTYCOMBE | ON THE THIRD-PARTY CANDIDATES

The third-party candidates are a bigger problem for Scott than for Janoo.

Together, Brian Judd, June Goodband, and Dean Roy win about 4% of likely voters, a bit more than Phil Scott's 3-point lead over Amanda Janoo. But they aren't playing spoiler for Janoo. Their voters lean right overall: 54% recall voting for Donald Trump in 2024 and 37% for Kamala Harris, and 44% identify as Republicans compared to 37% as Democrats. Judd, the strongest of the three, is drawing mostly Trump voters who are unhappy with Scott: 83% of his supporters recall voting for Trump, 76% identify as Republicans, and 70% back Republican John S. Rodgers for Lieutenant Governor. Goodband is the only one pulling from Janoo's side of the electorate, with nearly all of her supporters recalling a Harris vote, but she wins only about 1% of likely voters. If these voters broke the same way as decided voters with the same 2024 presidential vote, Scott's lead would grow from about 3 points to about 4. Their support is also soft, as just 22% say they will definitely vote for their candidate. With fewer than 40 respondents backing these candidates, and fewer than 20 for any one of them, these figures should be read as directional.

CHAZ NUTTYCOMBE | ON YOUNG VOTERS

Our youngest respondents may not be telling the whole story.

Voters under 30 are the most scattered group in the Governor's race. Amanda Janoo leads Phil Scott just 41% to 35% among them, and 16% back one of the third-party candidates, compared to 3% or less in every other age group. That's an unusual result: Scott wins 49% of voters ages 45 to 64 and 51% of voters 65 and older, but just 32% of voters ages 30 to 44, where Janoo leads with 59%. If younger voters follow the usual pattern, Scott should be doing no better with voters under 30 than he is with voters in their 30s and early 40s, and probably worse. Instead, our under-30 respondents look less Democratic than the next age group up: 55% identify as Democrats compared to 62% of voters ages 30 to 44, and 58% recall voting for Kamala Harris in 2024 compared to 65%. They also appear less engaged: 24% have no opinion of the job Scott is doing, compared to between 3% and 6% in every other age group. That raises the possibility of non-response bias, with young Democratic voters less likely to take our survey than young voters who are more independent or Republican-leaning. Weighting corrects for how many young voters are in our sample, but not for which young voters chose to respond. If voters under 30 actually voted like those ages 30 to 44, Scott's lead would shrink by a little more than a point. With only about 60 respondents under 30, these figures should be read as directional.

Team notes & analysis

CHAZ NUTTYCOMBE | ON UNDECIDED VOTERS

The undecideds are truly up for grabs.

About 8% of likely voters are still undecided in the Governor's race, and they are hard to read. On paper, they lean more Republican than the electorate as a whole: 48% identify as Democrats or lean Democratic, compared to 58% of all likely voters, and 53% recall voting for Kamala Harris in 2024, compared to 65% overall, while 36% recall voting for Donald Trump, compared to 29% overall. But they are also far cooler on Phil Scott than the rest of the electorate: just 30% approve of the job he is doing and 43% disapprove, compared to 57% approval and 37% disapproval statewide, and only 60% recall voting for Scott in 2024, compared to 72% of all likely voters. They are also much more independent, with 22% identifying with neither party compared to 12% overall, and half are undecided in the Lieutenant Governor's race as well. These voters don't fit neatly into either campaign's coalition, and either candidate could win them over. With fewer than 100 undecided respondents, these figures should be read as directional.

State Navigate

State Navigate is a nonpartisan, 501(c)(3) nonprofit organization dedicated to becoming a compass for state legislatures everywhere. Our bipartisan polling team consists of alumni of FiveThirtyEight, political scientists, and polling experts. Last year, State Navigate was the most accurate pollster in the country for the 2025 election cycle. To learn more about our poll sponsorship opportunities, [click here](#)! Public polling on state governance, especially state legislatures, is rare, so we try to make our polling as affordable as possible for sponsors to help fill this gap.

Our polling team

CHAZ NUTTYCOMBE

FOUNDER & EXECUTIVE DIRECTOR

Chaz was the Director of CAnalysis.com, the only website dedicated to state legislative election forecasting. He has successfully forecasted thousands of state legislative elections since 2017 during his senior year in high school. Chaz leads the polling team and works with them on survey design, field work, weighting, and written analysis.

MICHAEL FOLEY

ELECTIONS COORDINATOR

Michael is an expert in GIS technology and has experience in coding and scraping technology. He is a graduate of Fordham University and the University of Chicago Law School. In our polling, Michael conducts fieldwork, setting up surveys and texts, and exports/designs crosstabs.

MARY RADCLIFFE

DATA MANAGER

Mary Radcliffe is a mathematician and data analyst from Pittsburgh. She earned a PhD in Mathematics from the University of California, San Diego in 2012. Mary has previously worked as a Teaching Professor at Carnegie Mellon University and Researcher at FiveThirtyEight. In our polling, Mary helps with survey design, keeps our polling operations ethical, creates topline, and writes analyses of results.

G. ELLIOTT MORRIS

POLLING COMMITTEE MEMBER

Elliott Morris is a data-driven journalist and author living in Washington, DC. He's the author of STRENGTH IN NUMBERS: How Polls Work and Why We Need Them. Elliott was most recently the Editorial Director of Data Analytics at ABC News, where he developed polling aggregation and election-forecasting models and managed the research and data visualization teams for ABC's data-journalism website FiveThirtyEight/538. In our polling, Elliott helps with survey design and writing weighting scripts.

NICHOLAS GOEDERT

POLLING COMMITTEE MEMBER

Nicholas / "Nick" is an assistant professor of Political Science at Virginia Tech with expertise focused on legislative elections and American politics. He is the author of GROUND WAR: Courts, Commissions, and the Fight over Partisan Gerrymanders (Oxford, 2022). He served as an expert witness in the Wisconsin redistricting case Whitford v. Gill. He holds a Ph.D. in Politics from Princeton and a J.D. from Georgetown Law. In our polling, Nick helps with survey design and gives academic feedback.