



Vermont



2026 general election poll: Governor & Lieutenant Governor

Likely-voter survey of the November 3, 2026 general election | Statewide

GOVERNOR R Phil Scott D/P Amanda Janoo I Brian Judd P&J June Goodband F&U Dean Roy

LT. GOVERNOR D Molly Gray R John S. Rodgers

At a glance

ELECTION DATE	FIELD DATES	SAMPLE SIZE	MARGIN OF ERROR
November 3, 2026	October 23-25, 2026	1,752 likely voters	±2.3 points

Methodology

State Navigate surveyed **1,752** likely voters across Vermont from **October 23-25, 2026**. Text messages were sent to voters by AllianceForge, which directed them to an online survey hosted on the SurveyMonkey platform. The sample was drawn from a voter file provided by L2, and results were weighted by gender, race, age, education, leaned party identification, and state senate district to reflect the likely November 2026 general electorate, with weighting benchmarks derived from L2 voter file data in conjunction with AP VoteCast. The margin of error is **2.3%** at a 95% confidence level. This survey was designed and conducted by the State Navigate Polling Team, and was not sponsored by any candidate or candidate's committee.

Who is in this sample

Share of likely voters (weighted) who also answered our October 2-4 poll, and who answered only this one.

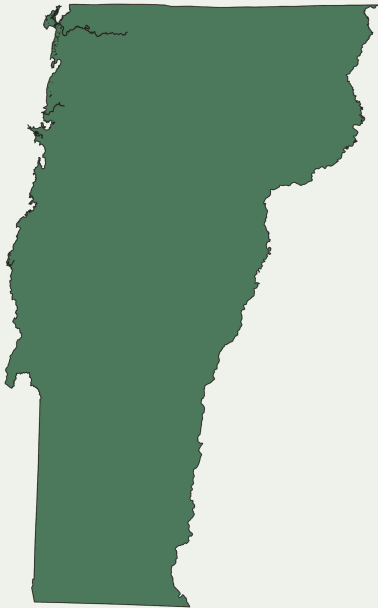
	Answered our Oct 2-4 poll	Only answered this poll
Share of likely voters	20%	80%
Respondents	394	1,513

State DNA | Vermont (LV)



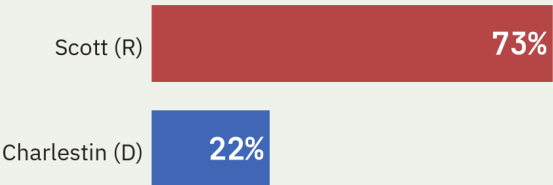
VERMONT

A statewide survey of likely Vermont voters. Republican Governor Phil Scott is seeking another term against Dem/Prog nominee Amanda Janoo, with three minor-party and independent candidates also on the ballot. In the race for Lieutenant Governor, Democrat Molly Gray faces Republican John S. Rodgers.

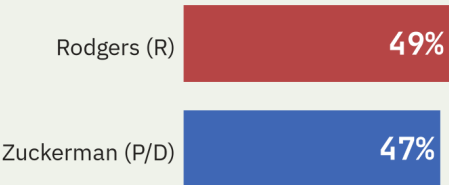


Recent election results in Vermont

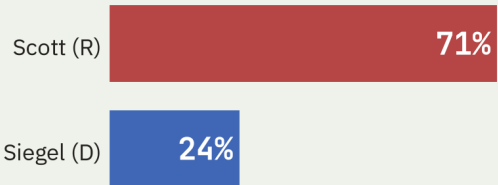
2024 Governor: Scott +51.6



2024 Lt. Governor: Rodgers +1.7



2022 Governor: Scott +47.0

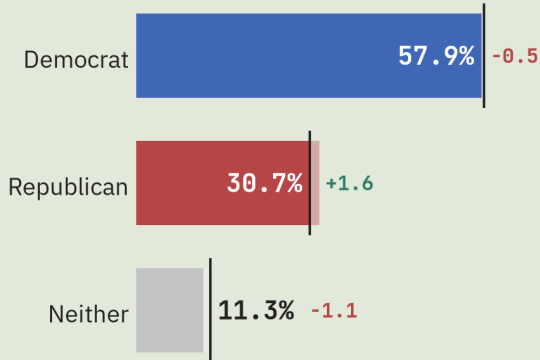


2020 Lt. Governor: Gray +7.1

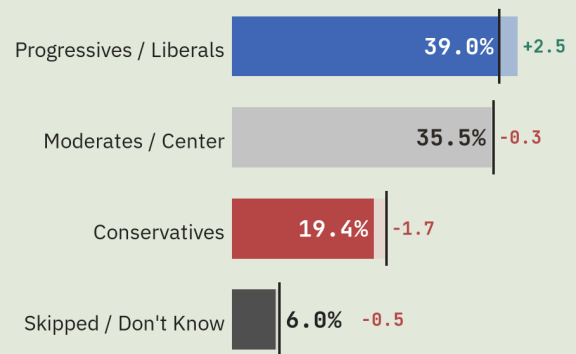


State DNA | Survey demographics

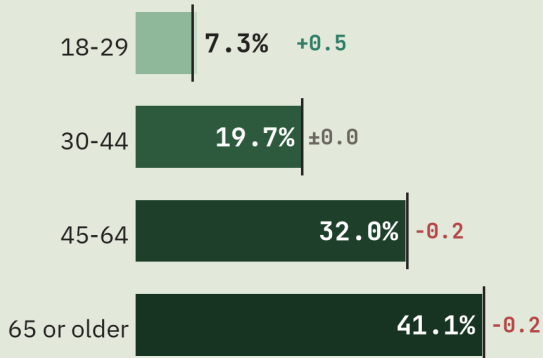
PARTY ID (WITH LEANERS)



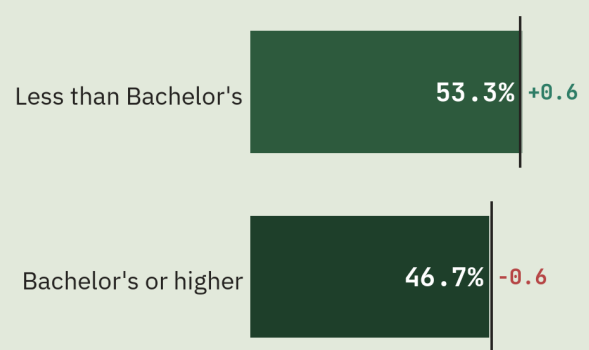
IDEOLOGICAL SELF-ID (0-10)



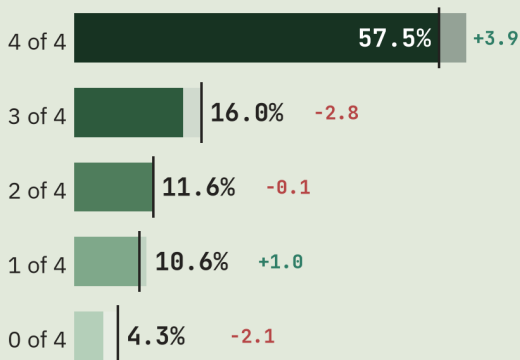
AGE



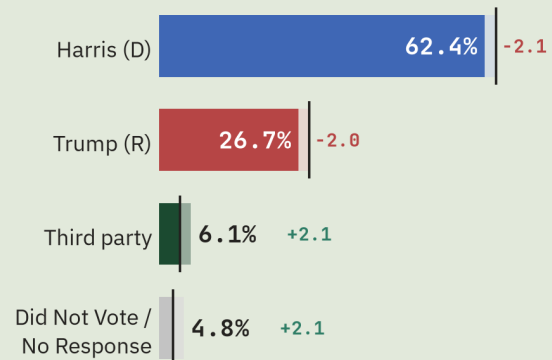
EDUCATION



VOTE HISTORY (LAST 4 GENERALS)



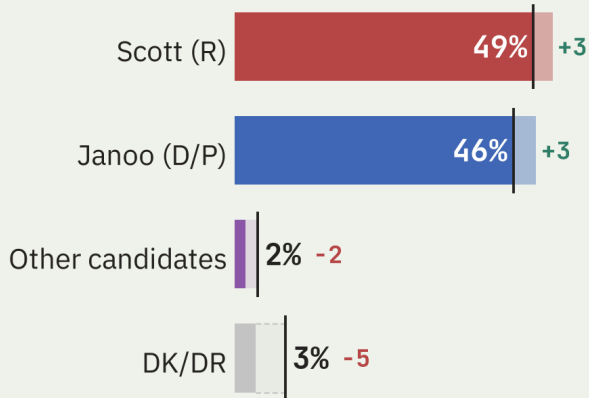
2024 PRESIDENTIAL VOTE (RECALLED)



The snapshots

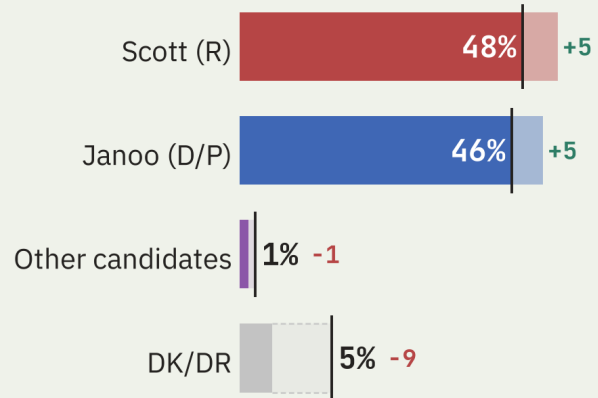
Governor with leaners

If the election for Governor were held today, which candidate would you vote for? (undecideds allocated via leaner follow-up; includes voters who already cast a ballot)



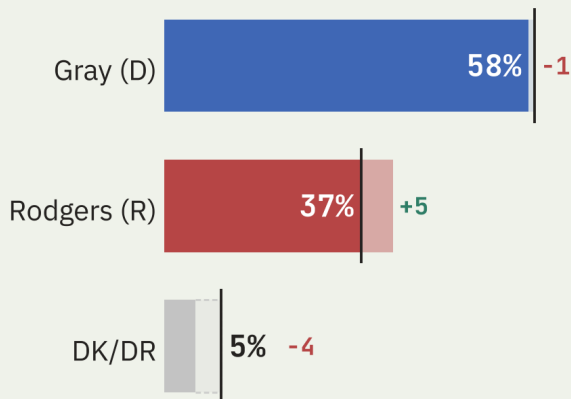
Governor before undecided push

If the election for Governor were held today, which candidate would you vote for? (initial ballot, before leaner follow-up)



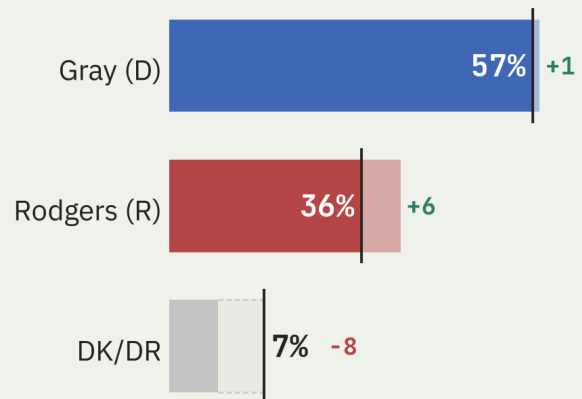
Lt. Governor with leaners

If the election for Lieutenant Governor were held today, which candidate would you vote for? (undecideds allocated via leaner follow-up)



Lt. Governor before undecided push

If the election for Lieutenant Governor were held today, which candidate would you vote for? (initial ballot, before leaner follow-up)

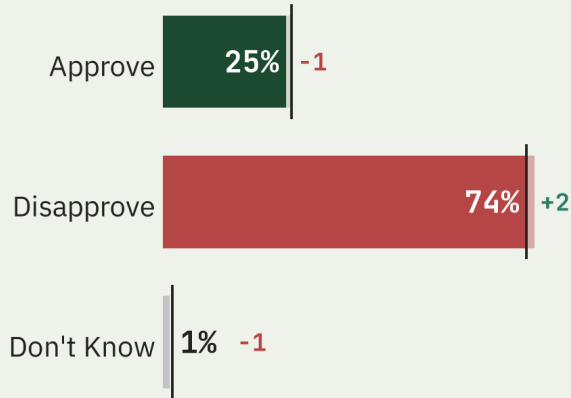


Gov. Phil Scott (R) leads Amanda Janoo (D/P) 49-46 with leaners, with 3% DK/DR (don't know or don't remember) and 2% for the three other candidates combined (Judd, Goodband, and Roy). **Down the ballot, Molly Gray (D) leads John S. Rodgers (R) 58-37 for Lieutenant Governor.**

Executive approvals

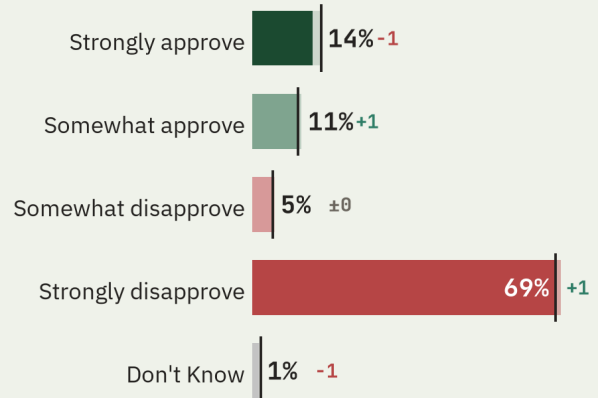
President Trump job approval

Do you approve or disapprove of the job Donald Trump is doing as President?



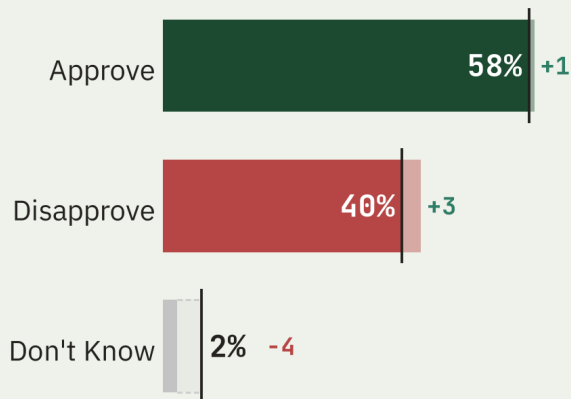
President Trump job approval (detailed)

Do you approve or disapprove of the job Donald Trump is doing as President?



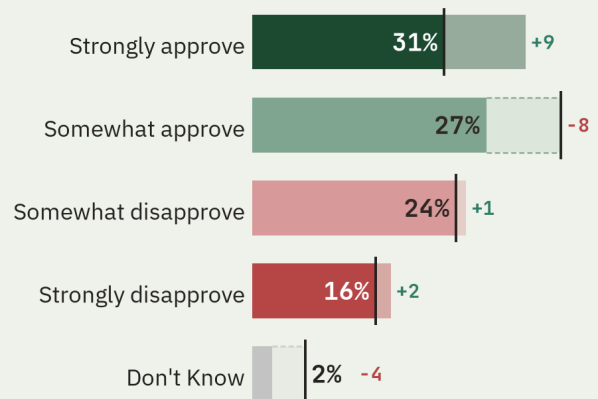
Gov. Scott job approval

Do you approve or disapprove of the job Phil Scott is doing as Governor?



Gov. Scott job approval (detailed)

Do you approve or disapprove of the job Phil Scott is doing as Governor?

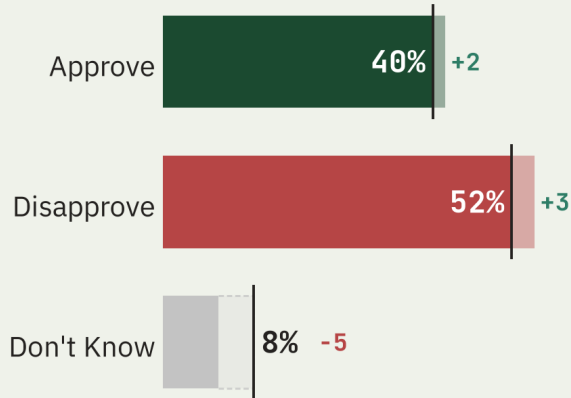


President Trump is deeply underwater in Vermont (25% approve / 74% disapprove), while **Gov. Scott remains above water at 58% approve / 40% disapprove**, with more strong approval (31%) than somewhat (27%).

Legislative approval

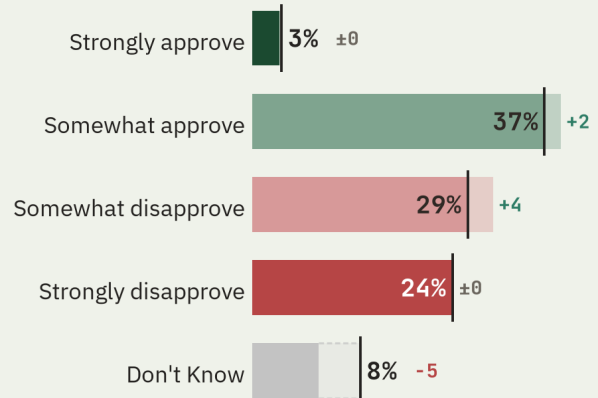
State Legislature job approval

Do you approve or disapprove of the job the Vermont State Legislature is doing?

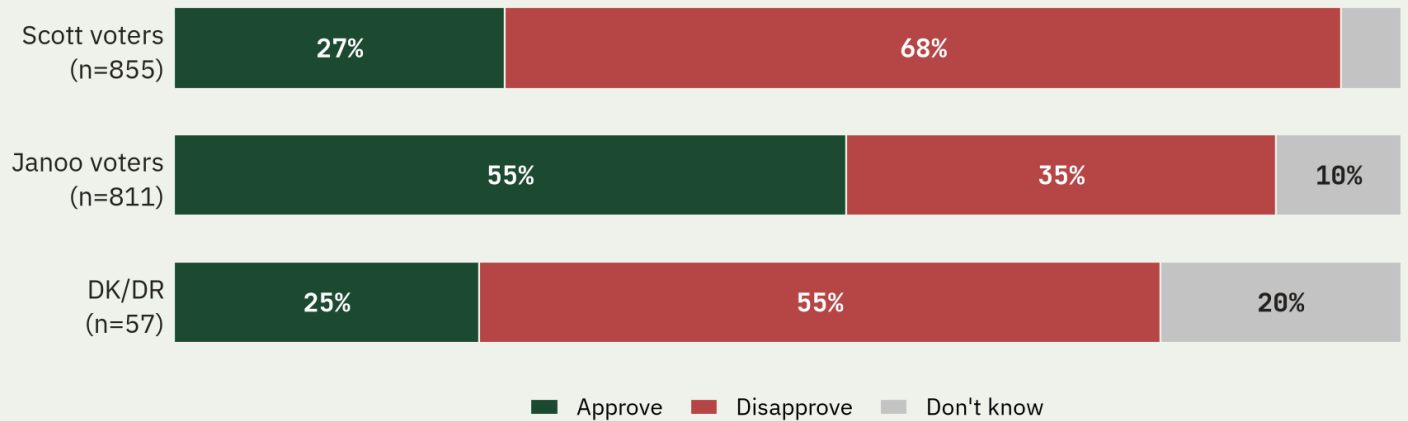


State Legislature job approval (detailed)

Do you approve or disapprove of the job the Vermont State Legislature is doing?



Legislative approval by Governor vote (with leaners)

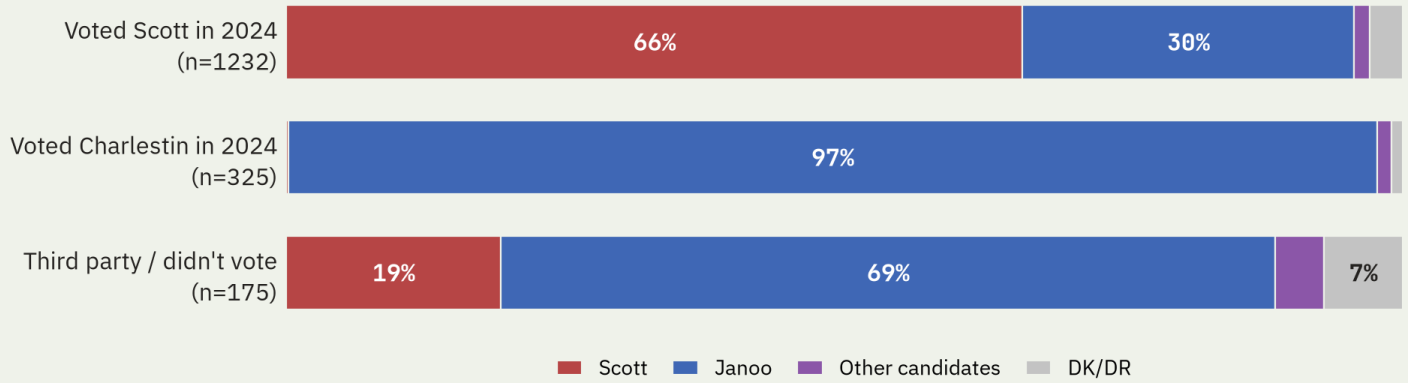


The Legislature is underwater (40% approve / 52% disapprove), and views of it split sharply by vote choice: just 27% of Scott voters approve of the job lawmakers are doing, compared to 55% of Janoo voters.

Key findings: Scott's coalition

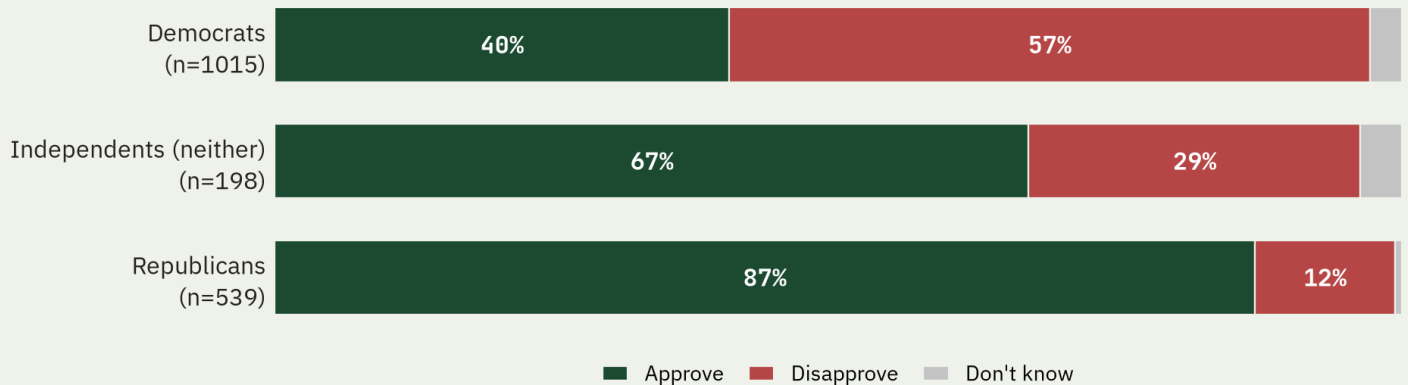
2026 Governor vote by 2024 Governor vote

Recalled 2024 Governor vote vs. 2026 Governor vote with leaners.



Scott job approval by leaned party ID

Party identification including independents who lean toward a party.

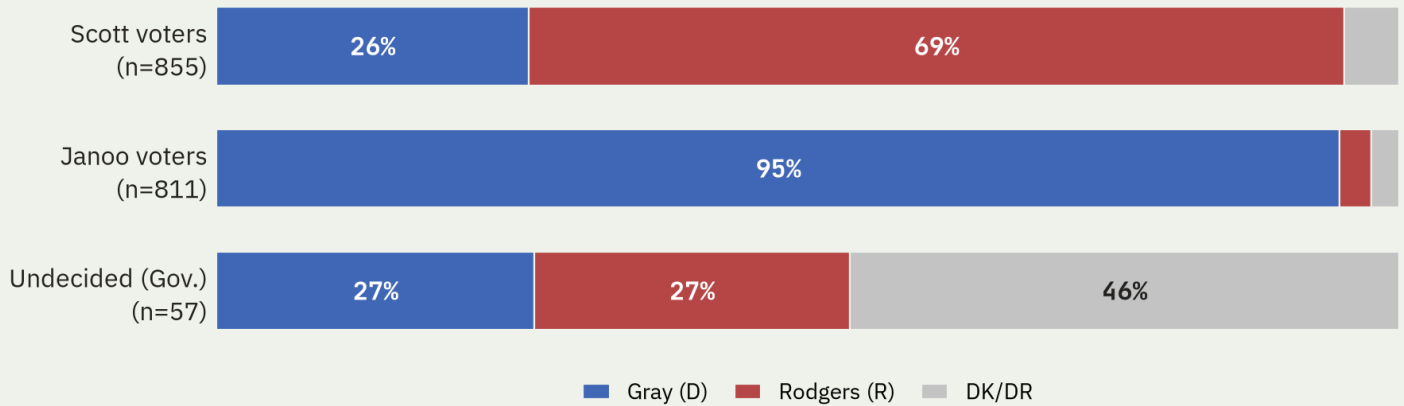


Scott is holding 66% of his 2024 voters, with 30% now backing Janoo. His approval crosses party lines: 40% of Democrats approve of the job he is doing.

Key findings: Split tickets

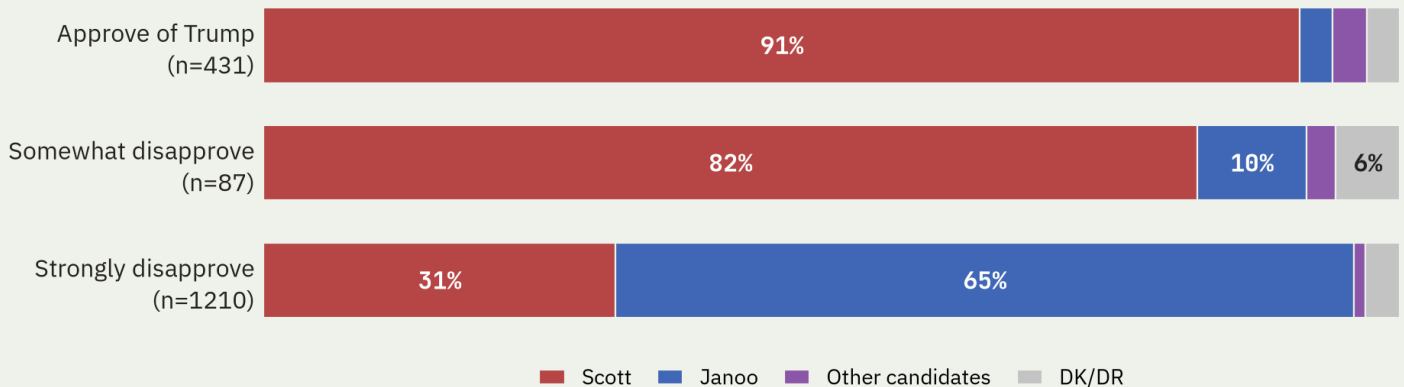
Lt. Governor vote by Governor vote

Both races with leaners.



Governor vote by Trump approval

Governor vote with leaners.



Ticket-splitting is alive in Vermont: 26% of Scott voters back Democrat Molly Gray for Lieutenant Governor. Scott's coalition reaches well beyond Trump approvers.

Key findings: Where the race moved

Scott's lead over Janoo went from 3.1 points in our October 2-4 poll to 2.5 now. Within groups the race has polarized: Democrats, Harris voters and strong Trump disapprovers moved toward Janoo, while Republicans, Trump voters and Trump approvers moved toward Scott. Voters under 45 moved sharply to Janoo and voters 45 and older toward Scott. This poll on standard (no recall) weights; October 2-4 as published (1,114 respondents, weights include 2024 recall). Respondent counts are weighted, like the percentages; groups marked * have a weighted n under 75 in either poll.

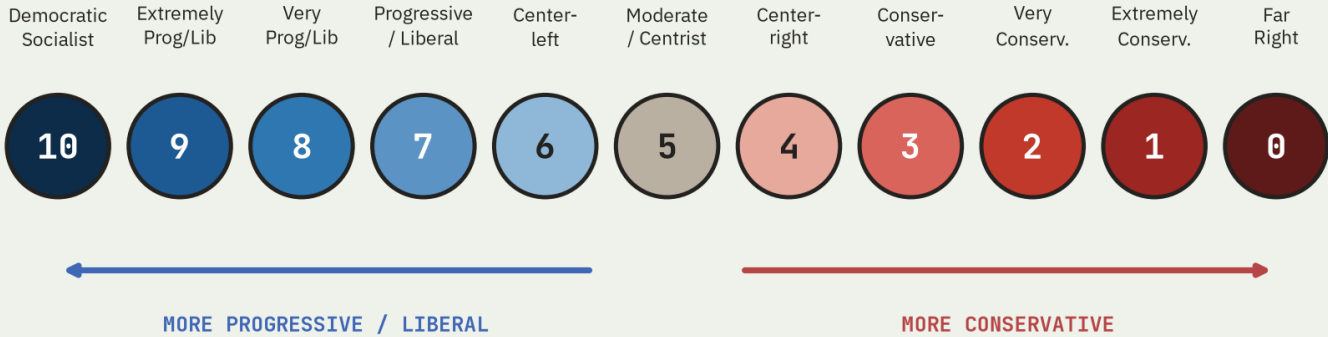
Scott minus Janoo	Oct 2-4 first poll	Wtd. n Oct 2-4	Oct 23-25 this poll	Wtd. n Oct 23-25	Shift in points
All likely voters	Scott +3.1	948	Scott +2.5	1,752	0.5 to Janoo
PARTY ID (WITH LEANERS)					
Democrats	Janoo +41.2	554	Janoo +47.5	1,015	6.3 to Janoo
Republicans	Scott +79.6	276	Scott +87.7	539	8.2 to Scott
Independents	Scott +31.7	118	Scott +26.8	198	4.9 to Janoo
2024 VOTE (RECALLED)					
Harris voters	Janoo +30.5	612	Janoo +36.7	1,093	6.2 to Janoo
Trump voters	Scott +77.5	272	Scott +87.1	468	9.6 to Scott
Third party / did not vote *	Scott +7.5	64	Scott +19.6	191	12.1 to Scott
TRUMP APPROVAL					
Strongly approve	Scott +83.1	143	Scott +89.0	238	5.9 to Scott
Somewhat approve	Scott +77.2	93	Scott +87.3	193	10.1 to Scott
Somewhat disapprove *	Scott +64.8	41	Scott +72.6	87	7.8 to Scott
Strongly disapprove	Janoo +30.6	622	Janoo +34.0	1,210	3.4 to Janoo
AGE					
Under 45	Janoo +21.3	251	Janoo +41.5	472	20.2 to Janoo
45 and older	Scott +11.8	697	Scott +18.7	1,280	6.9 to Scott
EDUCATION					
Four-year degree	Janoo +23.6	448	Janoo +27.1	818	3.5 to Janoo
No four-year degree	Scott +27.0	500	Scott +28.4	934	1.5 to Scott
GENDER					
Men	Scott +22.7	445	Scott +21.7	826	0.9 to Janoo
Women	Janoo +14.3	494	Janoo +14.0	910	0.3 to Scott

Survey ideology

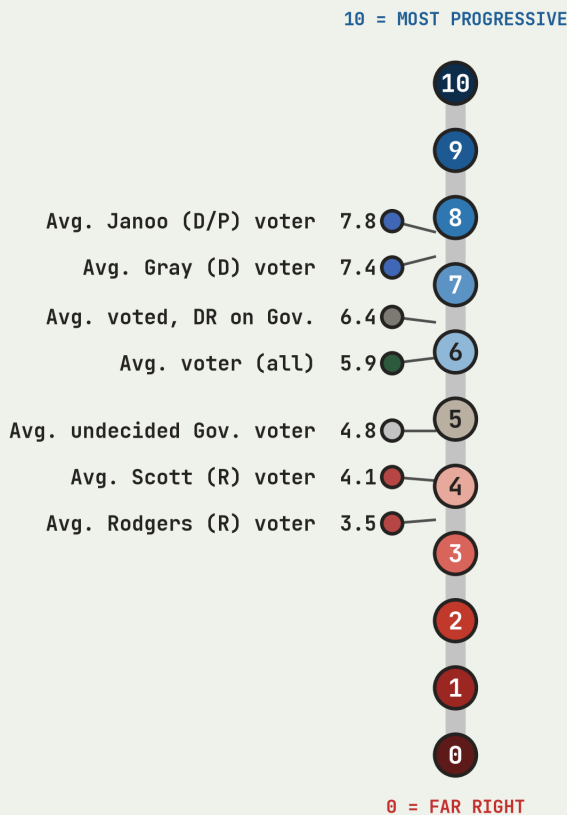
The self-placement scale

IDEOLOGICAL SELF-PLACEMENT SCALE

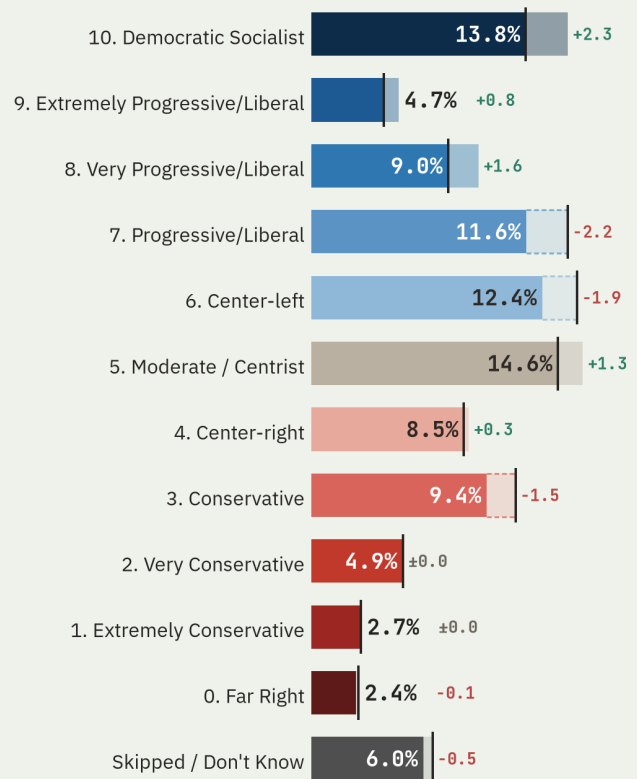
Place yourself — and each candidate — somewhere on the 0–10 scale.



AVERAGE BY VOTER GROUP



DETAILED SELF-PLACEMENT (ALL RESPONDENTS)



Ideology is respondents' self-placement on a 0-10 scale (10 = most progressive, 0 = far right). Detailed shares are of all respondents; 6.0% skipped the question. Group averages are weighted and computed among those who placed themselves (overall mean 5.9). Undecided Gov. voters have not voted yet; DR voters already voted but did not remember or would not say their choice for Governor.

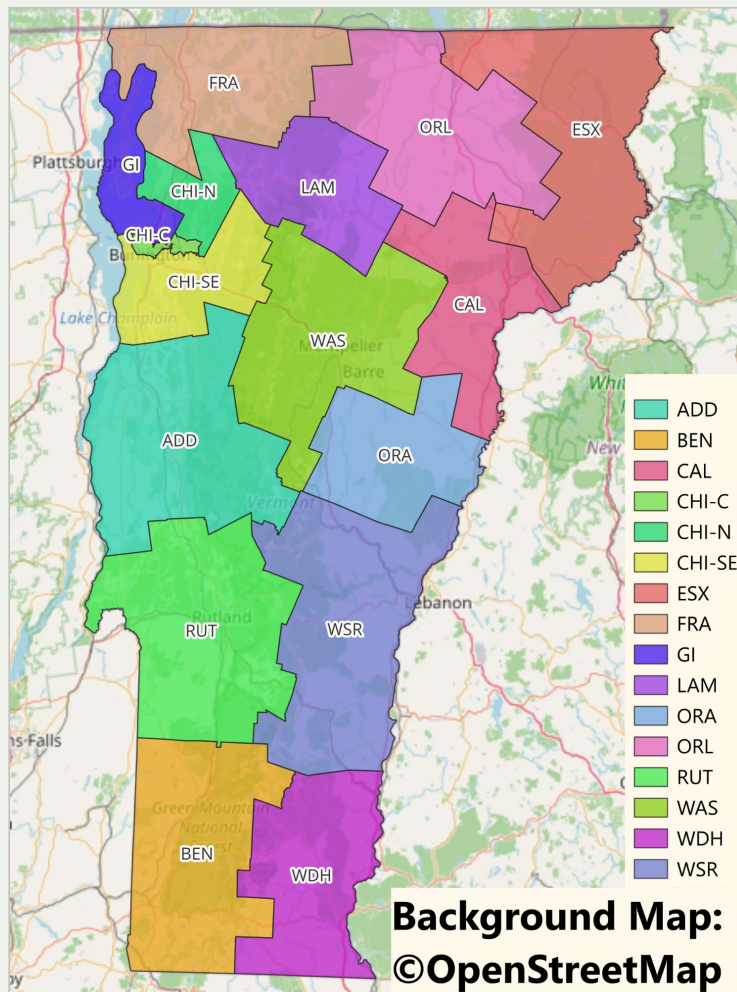
Appendix | Regions & weights

The survey was weighted by state senate district (2022 plan, 16 districts). Cards show each district's share of the weighted likely-voter sample.

State Senate district weights | Share of weighted sample

Chitt. SE 13.3%	Washington 11.4%	Windsor 9.6%	Chitt. Central 8.9%	Rutland 8.8%	Addison 7.0%	Windham 6.3%	Bennington 5.9%
Franklin 5.8%	Chitt. North 3.6%	Lamoille 3.4%	Orange 3.4%	Caledonia 3.4%	Grand Isle 3.3%	Orleans 3.1%	Essex 2.8%

Vermont by state Senate district



Team notes & analysis

The following analysis from the State Navigate polling team examines the forces shaping these races.

CHAZ NUTTYCOMBE | ON THE THIRD-PARTY CANDIDATES

The minor-party vote is fading.

In our October 2-4 poll, 3.6% of likely voters backed one of the three minor-party candidates for Governor. That share has fallen to 1.7%, with each candidate slipping: Brian Judd from 1.7% to 0.7%, June Goodband from 1.1% to 0.6%, and Dean Roy from 0.8% to 0.4%. DK/DR (don't know or don't remember) fell too, from 7.8% to 3.3%, so Scott and Janoo together now hold 95% of the vote, up from 89%. As Election Day nears, voters are treating this as a two-person race.

CHAZ NUTTYCOMBE | ON REACHING YOUNG VOTERS

We heard from more young voters this time.

Young voters are the hardest group to reach in any poll. In our last survey we heard from 61 Vermonters aged 18 to 29; this time we heard from 80, an increase of 19. They now make up 7.3% of our weighted likely electorate, up from 6.8% in our last survey and closer to their roughly 8% share of the people expected to vote. They also look more like Vermont's young voters. In our last poll we struggled to reach young Democrats: just 55% of our 18 to 29 year-olds were Democrats or leaned that way, and 28% were Republicans, a mix that is out of step with one of the most Democratic age groups in the state. This time 73% are Democrats and 14% Republicans, and they recall voting for Kamala Harris over Donald Trump 72% to 13%, against 58% to 33% last time. That matters because this is Janoo's best group: voters under 30 back her 70% to 25%, so a bigger and more representative base of them makes our read on the race sturdier.

CHAZ NUTTYCOMBE | ON THE UNDECIDEDS

Few voters are truly undecided, and they lean Republican.

Our topline shows 3.3% of likely voters as DK/DR (don't know or don't remember), but most of them are not really up for grabs. 1.6% have already voted and either did not remember or would not tell us their choice for Governor. That leaves just 1.6% who haven't voted and haven't decided, 34 respondents, so the figures that follow are rough. These remaining undecideds lean Republican: 48% are Republicans, 35% Democrats and 17% independents with no lean, and 43% recall voting for Donald Trump in 2024. Most backed Phil Scott in 2024 (72%), but they are lukewarm on him now: 49% approve of the job he is doing, mostly only somewhat. Down the ballot they favor Republican John S. Rodgers over Molly Gray, 41% to 26%. If they vote and come home to Scott, they would add a little to his edge, but there are too few of them to decide the race on their own.

Team notes & analysis

CHAZ NUTTYCOMBE | ON THE LIEUTENANT GOVERNOR'S RACE

Rodgers has gained since the debate, but not with Democrats.

Republican John S. Rodgers has narrowed the gap. Our October 2-4 poll, taken just before the October 6 Lieutenant Governor debate, had Molly Gray ahead 59% to 32%, a 28-point lead. She now leads 58% to 37%, a 22-point lead. Rodgers's exchange with Gray at the debate, over migrant worker housing on her family's farm, went viral in conservative media and on social media, and the gains since have come from his own side: he now wins 90% of Republicans, up from 85%, and 39% of independents, up from 30%. What he hasn't found is Democrats. Just 8% of Democrats back him (it was 5% in our last survey), while Gray holds 89% of them. Compare that with Phil Scott, who wins 25% of Democrats in the Governor's race, and Gray, who takes 26% of Scott's own voters. In a state this Democratic, a Republican can't win statewide on Republican votes alone, and that crossover is the difference between Scott's close race and Rodgers's distant one.

State Navigate

State Navigate is a nonpartisan, 501(c)(3) nonprofit organization dedicated to becoming a compass for state legislatures everywhere. Our bipartisan polling team consists of alumni of FiveThirtyEight, political scientists, and polling experts. Last year, State Navigate was the most accurate pollster in the country for the 2025 election cycle. To learn more about our poll sponsorship opportunities, [click here](#)! Public polling on state governance, especially state legislatures, is rare, so we try to make our polling as affordable as possible for sponsors to help fill this gap.

Our polling team

CHAZ NUTTYCOMBE

FOUNDER & EXECUTIVE DIRECTOR

Chaz was the Director of CAnalysis.com, the only website dedicated to state legislative election forecasting. He has successfully forecasted thousands of state legislative elections since 2017 during his senior year in high school. Chaz leads the polling team and works with them on survey design, field work, weighting, and written analysis.

MICHAEL FOLEY

ELECTIONS COORDINATOR

Michael is an expert in GIS technology and has experience in coding and scraping technology. He is a graduate of Fordham University and the University of Chicago Law School. In our polling, Michael conducts fieldwork, setting up surveys and texts, and exports/designs crosstabs.

MARY RADCLIFFE

POLLING COMMITTEE MEMBER

Mary Radcliffe is a mathematician and data analyst from Pittsburgh. She earned a PhD in Mathematics from the University of California, San Diego in 2012. Mary has previously worked as a Teaching Professor at Carnegie Mellon University and Researcher at FiveThirtyEight. In our polling, Mary helps with survey design, keeps our polling operations ethical, creates topline, and writes analyses of results.

G. ELLIOTT MORRIS

POLLING COMMITTEE MEMBER

Elliott Morris is a data-driven journalist and author living in Washington, DC. He's the author of STRENGTH IN NUMBERS: How Polls Work and Why We Need Them. Elliott was most recently the Editorial Director of Data Analytics at ABC News, where he developed polling aggregation and election-forecasting models and managed the research and data visualization teams for ABC's data-journalism website FiveThirtyEight/538. In our polling, Elliott helps with survey design and writing weighting scripts.

NICHOLAS GOEDERT

POLLING COMMITTEE MEMBER

Nicholas / "Nick" is an assistant professor of Political Science at Virginia Tech with expertise focused on legislative elections and American politics. He is the author of GROUND WAR: Courts, Commissions, and the Fight over Partisan Gerrymanders (Oxford, 2022). He served as an expert witness in the Wisconsin redistricting case Whitford v. Gill. He holds a Ph.D. in Politics from Princeton and a J.D. from Georgetown Law. In our polling, Nick helps with survey design and gives academic feedback.